



American Youth Soccer Organization

Deerfield AYSO Region 1007

**Coaches Meeting
Fall 2025**

Regional Commissioner
Fred Talisse

RC1007@DeerfieldAYSO.org



AYSO Philosophies

1. OPEN REGISTRATION
2. EVERYONE PLAYS
3. BALANCED TEAMS
4. POSITIVE COACHING
5. GOOD SPORTSMANSHIP
6. PLAYER DEVELOPMENT



Important Fall Dates

- **Draft** Rosters Released: August 23rd (Don't contact teams yet)
- Team Assignments Announced: ~ August 27th
- 8/10/12U Practice time sign up sheet: ~August 28th
- Game Schedules Released: ~September 1st
- Practices and Clinics Start: Tuesday, September 2nd
- First Game: September 7th
- Last Game: November 2nd
- Picture Day: September 14th



Division Guidelines

Division	Duration	Players on Field	Ball size
4U "Playground" (Pre-K)	No Games - Kids develop fundamental motor skills, hand-eye coordination, and social interaction in a fun and safe AYSO environment. Children get to gradually discover the game for themselves while bonding with parents or guardians.		3
5U/6U (Pre-K & K)	2x15 minute halves Quick substitution at midpoint of each half 5 minute halftime	3v3 (no goal keeper)	3
8U (1st & 2nd graders)	2x20 minute halves Quick substitution at midpoint of each half 5 minute halftime	5v5 (no goal keeper)	3
10U (3rd & 4th graders)	2x25 minute halves Quick substitution at midpoint of each half 5 minute halftime	7v7	4
12U (5th & 6th Graders)	2x30 minute halves Quick substitution at midpoint of each half 5 minute halftime	9v9	4
14U (7th & 8th Graders)	2x35 minute halves Quick substitution at midpoint of each half 5 minute halftime	11v11	5

Additional weekly team practice for 8U and above



AYSO Core Program

- Fees for Fall 2025 / Spring 2026 included the following:
 - Uniform - Jersey/shorts/socks (same team/uniform for fall/spring)
 - Approximately 18 games per year (all on Sundays)
 - P2 Trainers for first 30min of 8/10/12U practices (sign up sheet)
 - Weekly professional training for 5U/6U (optional)
 - Player/team photo plaque in fall
 - Participation award in spring
- Must be at least **3** years old before September 1 to participate in that fall/spring season
- Players must bring their own age-appropriate ball and wear shin guards for all practices and games. Soccer cleats are optional, but recommended.



Sideline Rule

- Coaches and players encouraged to, but not required to, sit on opposite sideline of spectators for 5U and 6U
- Coaches and players **MUST** sit on opposite sideline of spectators for 8U and above



5U/6U Additional Practice

- September 2nd through November 8th
- Weekly signup sheet emailed Thursday or Friday of prior week Players should show up on time wearing their shin guards and with their soccer ball
- Space is limited. Register only your child, not their friends. If you sign up, show up!

Monday	Tuesday	Wednesday	Thursday	Saturday
4:00-5:00pm	4:30-5:30pm	4:30-5:30pm	5:30-6:30pm	2:00-3:00pm



AYSO EXTRA (Travel-Lite)



- *Affordable (\$300/yr) and local* travel program for boys and girls in 10U/12U Divisions
- More competitive play for players who possess the interest, skills, and abilities
- Enhances each player's experience and individual growth while maintaining the spirit and philosophies of AYSO
- Additional professional trainings and an additional game each week.
- Tryouts each spring for next year.
- **Not designed to overshadow or harm the standard primary program**
- **Extra players *must* also play on a Core team.**



American Youth Soccer Organization

Extra Training Academy

8/10/12U players

For those players that are interested in developing their skills in order to participate in Extra

First sessions:

- 9/2, 9/9, 9/16, 9/23 (5:30-6:30pm on Tuesdays)
- 9/6, 9/13, 9/20, 9/27 (3:00-4:00pm on Saturdays)

Second sessions:

- 9/30, 10/7, 10/14, 10/21 (5:30-6:30pm on Tuesdays)
- 10/4, 10/11, 10/18, 10/25 (3:00-4:00pm on Saturdays)

Space is limited to 10 players/session \$8/class with 4-week commitment

Refunds in case of rainout



Goalie Clinics

Beginner (10U/12U) vs Advanced (12U/14U)

- Beginner
 - 5:30-6:30pm on Tuesdays
 - 9/2, 9/9, 9/16, 9/23
 - 9/30, 10/7, 10/14, 10/21
- Advanced
 - 5:30-6:30pm on Fridays
 - 9/5, 9/12, 9/19, 9/26
 - 10/3, 10/10, 10/17, 10/24

8 players/session

\$8/session for 4 weeks

Refunds in case of rainout



Sharing of Coach Contact info

- **For the purpose of information sharing ONLY**
 - Limited number of players on gameday
 - Gives the opposing coach time to reach out to Division Manager for solutions
 - DM will have time to send email out asking other teams if they want to do a double header
 - DM can ask other teams if they have individual players that would like to play in an additional game
 - DM can suggest small sided games if no other option
 - DM can ask other teams if they need a player or 2 and can assign players to other teams for that day

**Canceling games or shifting times and/or fields
is not allowed under any circumstances**



American Youth Soccer Organization

Coach Administrator

Jon Emery

rca@deerfieldayso.org





Trainings and Certifications

- Online courses:

- AYSO's Safe Haven
- SafeSport
- Concussion Training
- Sudden Cardiac Arrest (Recommended)
- 6U/8U: Online age-specific training.

1. Log onto **your** Deerfieldayso.org
2. Click **AYSOU** on the lefthand menu
3. Click **Training Library** on the left menu

- Online + in-person courses:

- 10U/12U (need to preregister)
 - 8/23 12:30-2:30pm at Wilmot Elementary
 - 9/4 6:00-8:00pm at Jewett Park



Trainings and Certifications

- All coaches need to be certified before working with kids!
 - Safety
 - Competency
 - Liability
- Reminder Schedule:
 - 8/24-8/25: Second reminder for training.
 - 8/29: Third reminder for training.
 - 9/2: Coaching hold and possible practice/game cancellation.



General Information

- **Advanced Game Cancellations by Commissioner ONLY**
- **Thor Guard: lightning & thunder at your site**
 - One blast: seek shelter (cancel games/practice)
 - Three blasts: all clear
- **No make up for cancelled games**



Team Practices

- 8U/10U/12U Signup sheet (8/25)
 - Sign up for 1-hr slot
 - First 30 minutes with P2
 - Second 30 minutes with coaches.
- 1-2 short drills + scrimmage
- Play! Don't explain.
- DO NOT LEAVE KIDS
 - Pick-up/drop-off Procedures

Practice Type	Time	Field	TEAM
Monday			
8/10/12U practice (EXAMPLE)	1:00-2:00pm	Wilmot	Emery-10UB-35
8/10/12U practice	4:30-5:30pm	Wilmot	
8/10/12U practice	5:00-6:00pm	Wilmot	
8/10/12U practice	5:30-6:30pm	Wilmot	
Tuesday			
No options			
Wednesday			
8/10/12U practice	4:30-5:30pm	Wilmot	
8/10/12U practice	4:30-5:30pm	Wilmot	
8/10/12U practice	5:00-6:00pm	Wilmot	
8/10/12U practice	5:00-6:00pm	Wilmot	
8/10/12U practice	5:30-6:30pm	Wilmot	
8/10/12U practice	5:30-6:30pm	Wilmot	
8/10/12U practice	4:30-5:30pm	Maplewood	
8/10/12U practice	4:30-5:30pm	Maplewood	
8/10/12U practice	5:00-6:00pm	Maplewood	
8/10/12U practice	5:00-6:00pm	Maplewood	
8/10/12U practice	5:30-6:30pm	Maplewood	
8/10/12U practice	5:30-6:30pm	Maplewood	
Thursday			



Game Day

- Encourage RSVPs via GameChanger or email.
- Shinguards are required under socks.
- Positive cheering of all players!
- Avoid over-directing players!
- Quick substitution breaks and halftimes!



Game Day

- Keep players together on your sideline.
- If one team is short players, share and rotate shared players
- If blowout, challenge goal scorers. Share/rotate players.
- We play in all weather – Commissioner cancels via email announcement
- Equal playing time: No player plays 4 quarters until everyone has played 3!
- Snacks allowed at team's discretion



American Youth Soccer Organization

Regional Referee Administrator

Dan Altneu

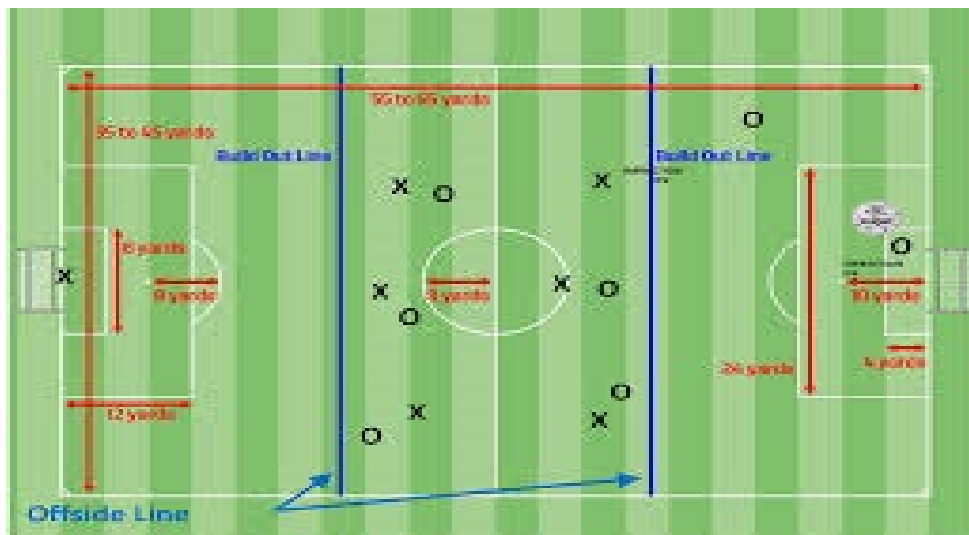
rra@deerfieldayso.org

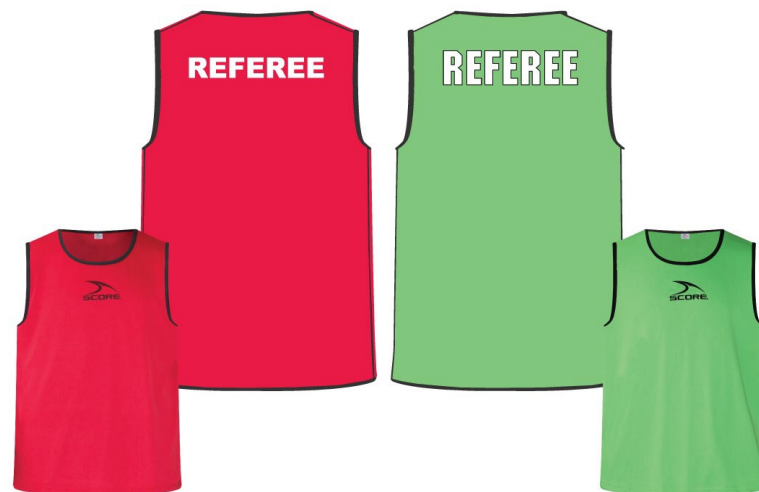




Important Rule Reminders

- Heading the ball is NOT allowed 12U and below (restart play w/IFK)
- Goalkeeper punts/drop kicks are NOT allowed 10U.
- 10U matches include [build-out](#) lines for offside, goal kicks, and goalie possession.





- **One** volunteer on the field acting as a referee
- All other coaches **must** be on the sidelines.
- P2 trainer will referee for 5U.
- **Referee must remain impartial – No coaching while reffing.**
- Questions? rra@deerfielddayso.org



American Youth Soccer Organization

Equipment Director

Brad Zabel

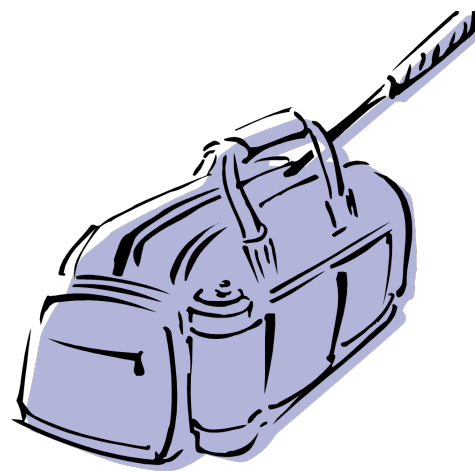
equipment@deerfieldayso.org





Team Box

- Multiple-size uniforms
- Pinnies
- Coach shirts (2)
- Referee Pinnie
- Coach bag
- Equipment



You will receive email with info on team box pick up from division manager or board member



American Youth Soccer Organization

Safety Director

Drew Serlin/Josh Faucette

safety@deerfieldayso.org

847-530-8568





Safety First

- Always check fields for safety
- No jewelry at all – even string bracelets
- No pets on field
- Players with a hard cast or brace (even with doctor's clearance) may not participate in games.



Injuries

- If an injury occurs during game or practice:
→ Incident report must be completed by coach and sent to safety@deerfieldayso.org
- Incident form (link [here](#)) can be found by Googling “AYSO Incident Report”



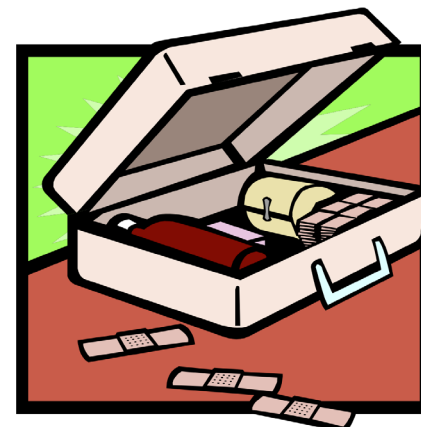
American Youth Soccer Organization

Child and Volunteer Protection Advocate

Drew Serlin/Josh Faucette

CVPA@DeerfieldAYSO.org

847-530-8568





- Background Checks
- Two adults must be at all practices and games.
 - Need not be two coaches.
- No unregistered adults or kids on field



American Youth Soccer Organization

Registrar

Mike White VanGompel

Registrar@DeerfieldAYSO.org





What to Do Next!

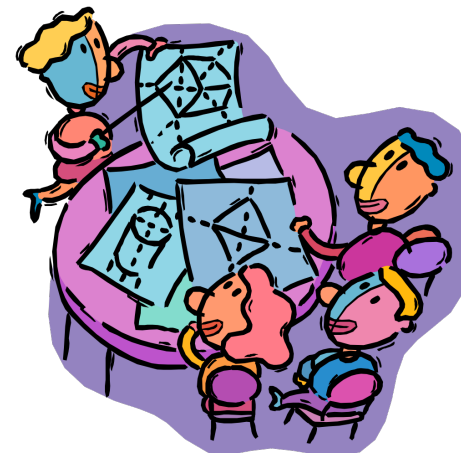
- Review draft rosters and confirm Name, Age, Grade & Gender
 - Inform Division Managers immediately if there are any issues
- Final rosters will be distributed around 8/27
 - Email parents after you receive final rosters
- Pick up uniform package (Division Managers to provide details)
- Set up team meeting to distribute uniforms
- Schedule practices
- Regularly Check website for Schedules/Changes
- Games start September 7th





At Team Meeting

1. Select team name.
2. Select team parent.
3. One coach? Arrange extra parent to stay at practice.
4. Review AYSO Philosophies
5. Policies, procedures, safety, rules





Available Technology and Resources

- GameChanger Team Manager App
 - Roster and schedule – can add practices
 - Players can RSVP
 - Team chat or e-mail
- Coaches Resources [Google Drive Folder](#)
 - Template lineups for 5U through 10U
- Coaches Facebook [Group](#)
 - Advice and coaching tips from other volunteers
- Our website – deerfieldayso.org
 - Access rosters and send e-mails
 - View schedule



GameChanger

Stream, Score, Connect

★★★★★ 380K

My Dr... > Deerfield AYSO Coachi... ▾ ⓘ ⌵ ⓘ

Type ▾ People ▾ Modified ▾

Name	↑	Last mo...	▾
5U Lineup Templates	👤	Aug 4, 2023	⋮
6U Lineup Templates	👤	Jul 9, 2023	⋮
8U Lineup Templates	👤	Jul 9, 2023	⋮
10U Lineup Templates	👤	Jul 9, 2023	⋮
Links to Practice/Coaching Resources	👤	Aug 18, 2023	⋮



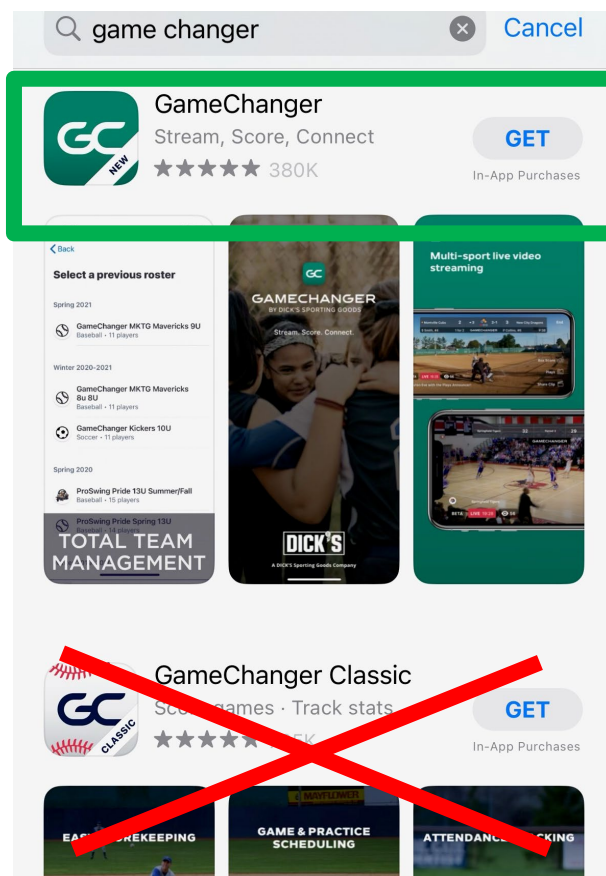
Deerfield AYSO Coaches

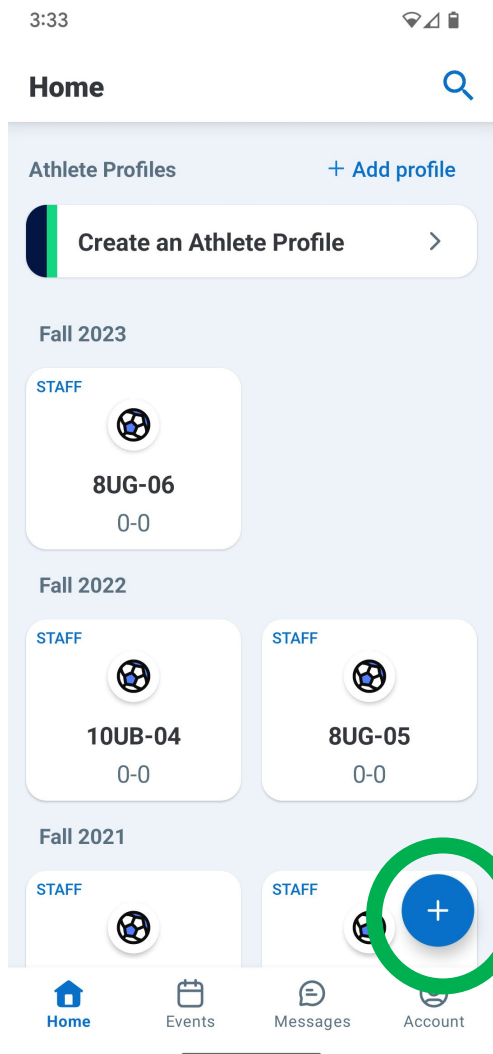


+ Invite



Current (!) GameChanger App





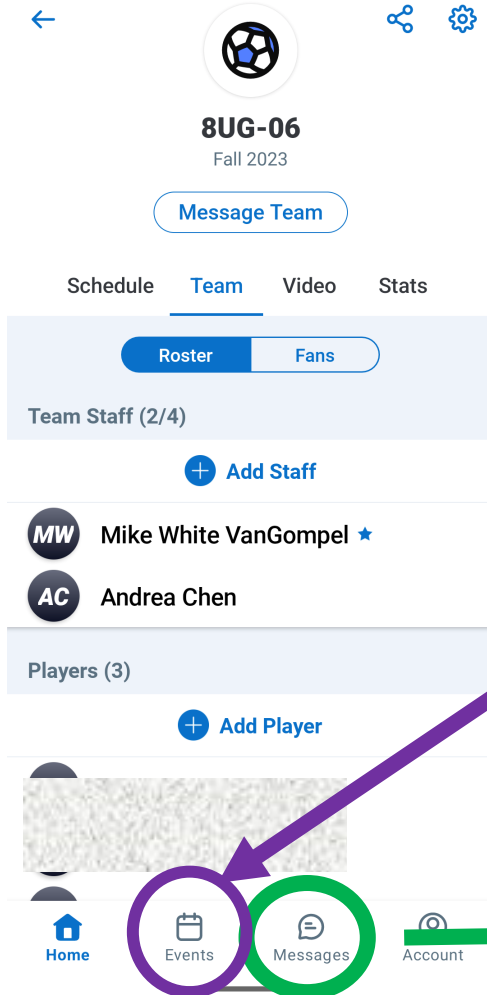
- Coaches need to import the Fall 2025 team
- This will send invite to all e-mail addresses associated with your players
- When players login the team should be there

Create New Team
Roll over previous roster or add a roster from scratch

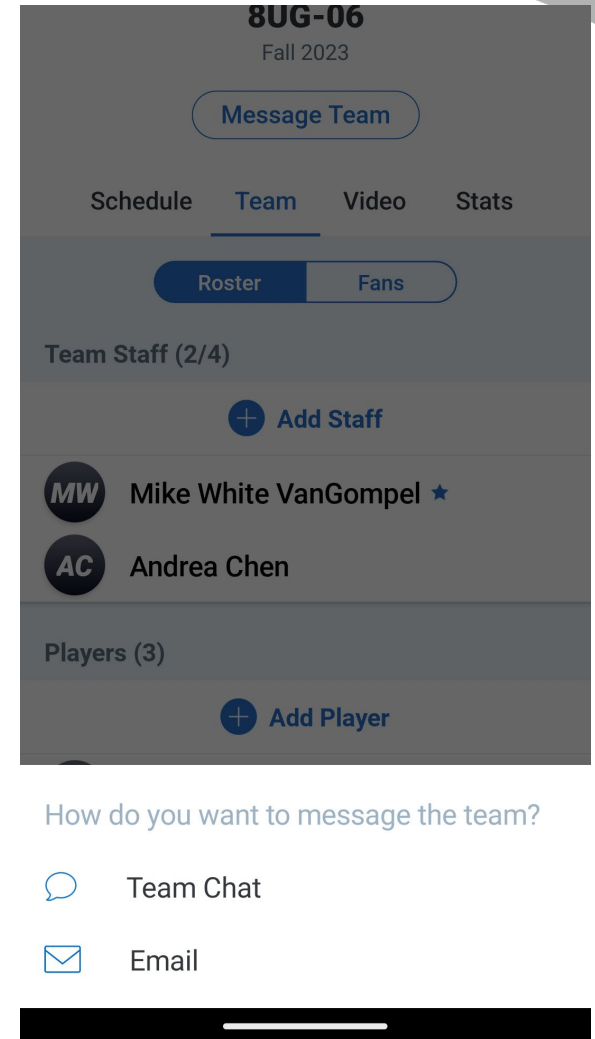
 **Import GameChanger Teams**
Bring teams & stats from GC

 **Import Sports Connect**
Bring team rosters & schedules to GC

 **Are you a League, Tournament or Travel Org admin?**
[Create an Organization >](#)



- Use messages for team chat, or to send e-mails
 - This will e-mail ALL associated parents/caregivers
- Events will show schedule once it is posted, and you can add practices





Board Of Directors

Contact email on web site

<http://www.deerfielddayso.org/>

Regional Board Contacts	
Board Position	Contact
Regional Commissioner	Fred Talisse
Registrar	Mike White VanGompel
Coach Administrator	Jon Emery
Referee Administrator	Dan Altneu
Safety Director	Drew Serlin/Josh Faucette
Child & Volunteer Protection Advocate	Drew Serlin/Josh Faucette
Equipment Director	Brad Zabel/Taylor Marsh
EXTRA Play Coordinator	Jon Emery
Treasurer	Brad Sloan
Fields	Daniel Moons



Board Of Directors

Contact email on web site

<http://www.deerfielddayso.org/>

Regional Board Contacts	
Board Position	Contact
Secretary	Brad Akers
Technology and Social Media Director	Mike White VanGompel
Playground Division Manager	Daniel Moons
5U Division Manager	Steve Schwartz
6U Division Manager	Eric Solomon
8U Division Manager	Vince Angermeier
10U Division Manager	Danielle McDaniels
12U Division Manager	Ron Schwartz/Crotan Zakarija
14U Division Manager	Ron Schwartz/Crotan Zakarija
At Large	Stuart Slutzky



Play Soccer! - First Game September 7th